

Greater Little Zion Baptist Church

ZION TRUMPET

Vol. 3, Issue 10, October 2013

Editor: Deaconess-Elect Diane Reese

2013 Theme: "Maximizing Relational Discipleship in 2013"



From the Congregation's Heart

October: Pastor Appreciation Month



"The elders who direct the affairs of the church well are worthy of double honor, especially those whose work is preaching and teaching." 1 Timothy 5:17

Pastor Murphy,

We, the congregation of Greater Little Zion Baptist Church, want to thank you for all that you have poured into us. We thank you for the love, support and sacrifices that you have made to grow us in love, fellowship and service. We thank Barbara, Tasha and Ethan for supporting you in this anointed work. The LORD promises to give us shepherds after our own hearts, who will feed us with knowledge and understanding. We thank GOD for keeping His promise and sending you to Greater Little Zion Baptist Church!

In this issue

- FROM THE CONGREGATION'S HEART
- MEN'S MINISTRY SPOTLIGHT
- DEACONESS CONSECRATION SERVICE
- FROM THE BOOK SHELF
- PRAYER TIME
- MONTHLY DEVOTIONAL
- EDITORIAL THOUGHT
- VERSE TO REMEMBER
- WORD SEARCH
- BREAST CANCER CROSSWORD
- HEALTH WATCH: THE BODY TEMPLE
- BREAST CANCER SURVIVOR'S STORY
- 15-MINUTE BIBLE STUDY

Reaching the unsaved with the saving message of Jesus Christ.

Matthew 28:19-20

HAPPY PASTOR
APPRECIATION
MONTH!

Rev. Murphy



MINISTERIAL LEADERSHIP

Rev. Dr. James T. Murphy, Jr., Pastor
Rev. Estelle Chandler, Associate Minister

DEACON/DEACONESS MINISTRY

Bro. Anthony Bazemore
Sis. Terri Bazemore
Sis. Janie Doctor
Bro. Alphonzo Moseley
Bro. Don Newton
Bro. Calvin Parson
Sis. Diane Reese
Bro. James R. Reese, III
Bro. Ned Roper
Bro. William Windley
Bro. Albert Woods
Sis. Geraldine Woods



Men's Ministry Spotlight James Richard Boffman



James Richard Boffman, known to members of Zion as "Richard", was born to Amos and Mary Boffman in Blacksburg, Virginia. He attended Christiansburg Institute in Blacksburg, VA and upon graduation set out to make his mark on the world.

From August 1961 to August 1967, Richard served his country at home and abroad as a member of the United States Army. During his military service, he earned the Master Parachutist Badge and the Combat Infantryman's Badge while serving in one of the Army's premier combat Divisions, the 101st Airborne.

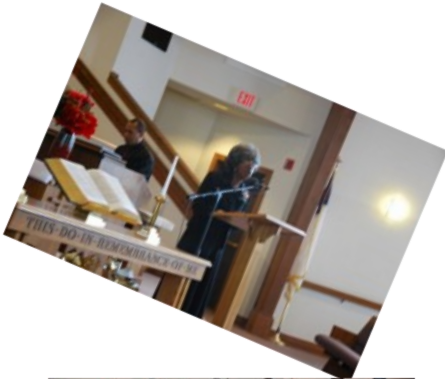
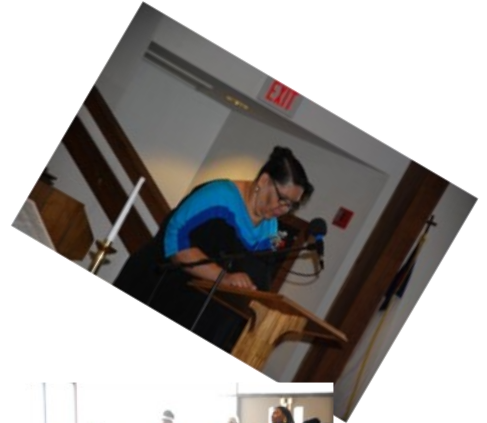
After leaving the military, his occupations included Long hall trucker, and 30 years of service with the Washington Gas Company as a customer credit representative until his retirement. Richard relocated to the Northern Virginia area and became a member of Little Zion Baptist Church. Richard has served in many ministries, including the Men's Ministry, Male Chorus, and the Hospitality Committee to name a few. Richard has had the distinction of being a member during the tenures of **three** of the nine Pastors called to what is now Greater Little Zion Baptist Church. He is literally a jack of all trades, blessed with the ability to repair cars, upholster furniture, paint, and do carpentry work. Did I mention that he is also a very good cook?

Richard is married to Sister Jerdleen Boffman and they have two children, Richie (James Richard, Jr.) and Michelle, and two grand children, Mykal and Nina. Zion family, I present to some and introduce to others, Brother James Richard Boffman.

-Submitted by Deacon Al Woods
President, Men's Ministry

As iron sharpens iron, and one man
sharpens another.

Deaconess Consecration Service
September 29, 2013
Terri Bazemore, Diane Reese,
Geraldine Woods





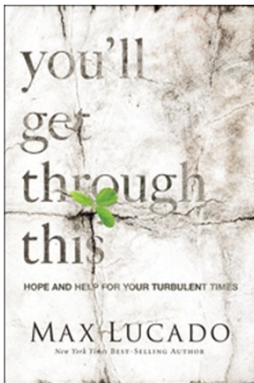
To GOD Be The Glory!





FROM THE BOOKSHELF

Author: Max Lucado



You'll Get Through This: Hope and Help for Your Turbulent Times

Sometimes the challenges of life threaten to overwhelm us. We wonder how we'll carry on after the day the bottom dropped out. For you, it may have been the day of a financial crisis, a bad diagnosis, an accident, or you were served divorce papers by your spouse. Whatever it was, you knew your life was going to change dramatically, and it didn't seem like it was for the better.

In *You'll Get Through This: Hope and Help for Your Turbulent Times*, Max Lucado encourages readers through sharing the Biblical story of Joseph. Stripped of his identity, thrown into a pit and sold as a slave, his was a story of defeat and challenges, but as time passed GOD worked through his circumstances to bring redemption and reconciliation. And although it may seem hard to believe, you will get through this too.

The story of Joseph's life didn't end in the pit and neither does yours.



PRAYER TIME

Sanctuary: 9:45 a.m.— 10:30 a.m.



Please come in and pray!

MONTHLY DEVOTIONAL

"Let us cross over to the other side." Mark 4:35 (NKJV)

Getting To The Other Side

One day Jesus said to His disciples, "Let us cross over to the other side...And a great windstorm arose, and the waves beat into the boat, so that it was already filling" (Mk 4:35-37).

The devil doesn't want you to get through this storm and reach the other side. He doesn't mind you going to church, singing in the choir or serving on the board; he just doesn't want you to reach your GOD-ordained destiny. But what's waiting for you on the other side is worth everything you're going through at the moment. You are up against a formidable opponent who knows that GOD has a plan for your life. But he cannot sink the man or woman who has Jesus on board with them, who prays and stays close to Him.

So today make a commitment to stand in GOD's strength regardless of what you're facing or how hard you've been hit. Spiritual progress doesn't come easy. Paul writes, "When I was a child... I thought as a child; but when I became a man, I put away childish things" (1Co 13:11).

It's time to stop thinking like a child and grow up! If you don't, you won't experience what GOD has in store for you. What do you need to take a fresh look at today? Your schedule, to make room for GOD? Your friends, because they're taking you in the wrong direction? Your habits, because they're draining the life out of you and defeating you? Your words, because you're speaking doubt instead of faith?

It's time to seriously turn to the LORD. He will bring you through whatever "storm" you are facing. He will get you to the other side!

"My soul wait silently for GOD alone, for my expectation is from Him. He only is my rock and my salvation; He is my defense; I shall not be moved. In GOD is my salvation and my glory; the rock of my strength, and my refuge is in Him.

-Psalms 62:5-7 (NKJV)

Editorial Thought

Each year, we put on our pink in observance of Breast Cancer Awareness Month. We are either survivors or we know of someone who is. I have a list of friends who have been warriors in this fight. Well, I had the pleasure of interviewing two extraordinary breast cancer survivors, courtesy of the GLZBC Cancer Support Team Ministry. Sis. Beverly Jones and Sis. Judy Skipwith shared their amazing survivor story. It was a humbling, yet educational experience for me. I could see the warrior in them! There are a number of breast cancer warriors among our membership at Greater Little Zion Baptist Church. These brave women of GOD give witness to GOD's goodness, His grace, and His restored joy! We salute each of these women, and we say thank GOD for giving them a testimony of how great He is!



Sis. Donna Reese



Sis. Beverly Jones



Sis. Norma Ware



Sis. Joan Tyree



Sis. Judy Skipwith



Submitted by Deaconess Diane Reese



VERSE TO REMEMBER

Philippians 4:13

**I can do everything through Him
who gives me strength.**

A Cancer Support Team Ministry Outreach Opportunity



A cancer foundation supporting families with children of cancer

The Cancer Support Team Ministry would appreciate your assistance to support the DC Candlelighters Childhood Cancer Foundation. For the month of October, DC Candlelighters would like to collect new stuffed animals (all sizes and colors for girls and boys) and gift cards for teens, \$10-\$15 (i.e., iTunes and Starbucks gift cards) who are being treated or have been treated for cancer who live in the Washington, DC Metropolitan area (which includes Northern Virginia and Maryland). You may drop off your donations in the collection box designated in the foyer located near the Fellowship Hall. Gift cards should be presented to the church office staff marked CSTM-DC Candlelighters. POC for this outreach opportunity effort is Sister Judy Skipwith.

Attributes of a Pastor

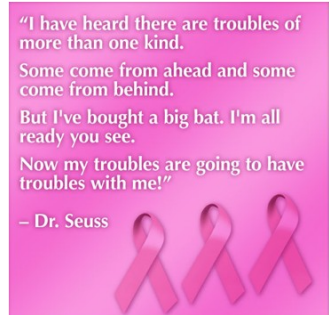
C B Y A C S U P P O R T I V E
 G I L T O S R E B M E M W E N
 N B I E N T H U S T A S T I C
 I L M P F E P O W E R F U L O
 R E A S I F M P I H S R O W U
 A D F F D H E P R M P Y S S R
 C B E G E N S C O E A A E K A
 O N I T N L A D T L H T H I G
 U O S L T I L T R I E C C L E
 N I I O I I T O S A V V A L S
 S S N S A T M P W R W E E E S
 E S N A L P I M E S E E R D T
 L I M A T U R E O C H D T O F
 O M E E T I N G S C C I N S I
 R E E T A P I C I T R A P U G

Abilities
Confidential
Enthusiastic
Mature
Participate
Skilled
Understands

Accepting
Counselor
Family
Meetings
Plans
Stewardship
Worship

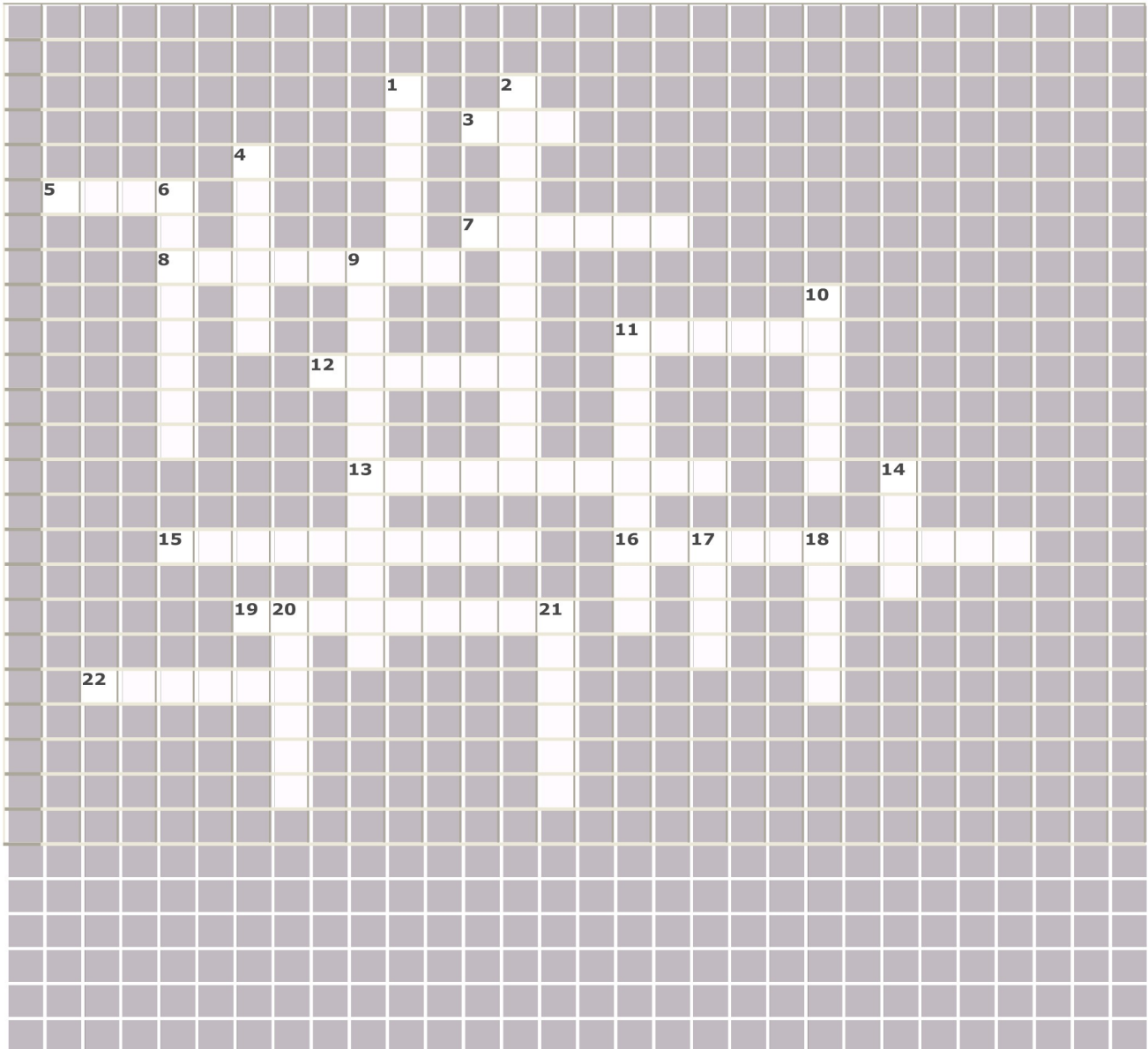
Bible
Development
Fellowship
Mission
Powerful
Supportive

Caring **Committed**
Effective **Encourages**
Gifts **Loyal**
New Members
Reaches Out
Teacher





BREAST CANCER AWARENESS CROSSWORD



Continued on page 10



Down

1. where breast milk is produced
2. female hormone
4. who to see if you have a breast lump
6. healthy activity
9. breast condition found in boys
10. not cancer
11. breast x-ray
14. slender tube leading to the nipple
17. different in each woman
18. age after which most breast cancers occur
20. circular area around the nipple
21. a mass of benign or malignant cells

Across

3. worn for breast support
5. tells the cells when to grow
7. condition of physical, mental & social wellbeing
8. a female hormone
11. pectoralis is an example
12. most common risk for breast cancer
13. removal of a breast
15. teenager
16. something that raises your chance of getting a disease (2 words - include space in puzzle)
19. cancer
22. may be inverted

Jeremiah 31:3-4

The LORD appeared to us in the past, saying: “I have loved you with an everlasting love; I have drawn you with loving-kindness. I will build you up again.

In observance of Breast Cancer Awareness Month during the month of October, Greater Little Zion Baptist Church is going pink! Please show your support by wearing something pink each Sunday (except on the church anniversary October 20) to show your support.

...a message from the Cancer Support Team Ministry





HEALTH WATCH: OCTOBER IS BREAST CANCER AWARENESS MONTH



THE OFFICIAL SPONSOR OF BIRTHDAYS*

October is Breast Cancer Awareness Month. National Breast Cancer Awareness Month is a chance to raise awareness about the importance of screening and the early detection of breast cancer.

Breast cancer is the most common cancer among American women, except for skin cancers. About 1 in 8 (12%) women in the US will develop invasive breast cancer during their lifetime.

The American Cancer Society's estimates for breast cancer in the United States for 2013 are:

- About 232,340 new cases of invasive breast cancer will be diagnosed in women.
- About 64,640 new cases of carcinoma in situ (CIS) will be diagnosed (CIS is non-invasive and is the earliest form of breast cancer).
- About 39,620 women will die from breast cancer

After increasing for more than two decades, female breast cancer incidence rates began decreasing in 2000, then dropped by about 7% from 2002 to 2003. This large decrease was thought to be due to the decline in use of hormone therapy after menopause that occurred after the results of the Women's Health Initiative were published in 2002. This study linked the use of hormone therapy to an increased risk of breast cancer and heart diseases. Incidence rates have been stable in recent years.

Breast cancer is the second leading cause of cancer death in women, exceeded only by lung cancer. The chance that breast cancer will be responsible for a woman's death is about 1 in 36 (about 3%). Death rates from breast cancer have been declining since about 1989, with larger decreases in women younger than 50. These decreases are believed to be the result of earlier detection through screening and increased awareness, as well as improved treatment.

At this time there are more than 2.8 million breast cancer survivors in the United States. (This includes women still being treated and those who have completed treatment.) For additional information, please visit: <http://www.cancer.org/cancer/breastcancer/index>.

Sis. Donna J. Reese shares her story about how cancer has affected her. See page 10.



Happy Birthday to all survivors!



DONNA REESE

ANNANDALE, VA • DIAGNOSED: AGE 66
DIAGNOSIS: DUCTAL CARCINOMA IN SITU



HER STORY: I was diagnosed on my 66th birthday after having had my annual mammogram. All of my mammograms, which I had done routinely for 15 years or more, had been negative, with no suspicion of malignancy. There had been no history of breast cancer.

FAMILY HISTORY: I am one of five sisters, none of whom has had cancer. I have Aunts on my maternal and fraternal sides that have had no cancer, even when they have lived well into their nineties. I was therefore quite surprised with the diagnosis.

TREATMENT: For me, treatment was something that I wanted to do immediately after consulting with my husband, and the various physicians who have been a part of my personal medical team for so many years. I opted for surgery, a partial mastectomy, which was scheduled 30 days after my initial diagnosis. My greatest concern was that it might be found to be a very aggressive, or invasive cancer; neither of which was the case for me. My post-surgical diagnosis was DCIS, which could be treated by surgical removal of the malignancy, and then treated with radiation therapy as adjunct treatment. I must take a 5 year regimen of medication which is an anti-cancer, anti-estrogen antagonist.

HOW HAS CANCER AFFECTED YOU: The effect of cancer has taught me, as the scripture says, TO NUMBER MY DAYS. It has helped me to realize that time is a precious gift of GOD not to be wasted. My initial thought when I was diagnosed was "Why me LORD?" I soon came to realize "why not me!" It gave me a platform from which to speak to my love ones about the brevity of this life and the goodness of the LORD, with personal experience.

MY SUSTAINING SCRIPTURES: Psalm 56: 3-4: "When I am afraid" and Psalm 63: 6-7: "I meditate on YOU". The most fearful aspect of treatment for me was my fear of the radiation treatment, because I am claustrophobic and had some concern about being closed up in the scanner, but the LORD gave me a song to sing through all 35 of my treatments and the summation of those songs was "No Matter What May Come My Way, My Life is in YOUR HANDS.

"It has helped me to realize that time is a precious gift of GOD not to be wasted. My initial thought when I was diagnosed was "Why me Lord?" I soon came to realize "why not me!"

GOD of the Invisible

by Dr. Charles Stanley, Bible Study, taken from the InTouch Magazine-October 2013

When you call on the GOD Who Sees, you're praying to the One who gives purpose to pain. Open a paper or turn on the news, and you're bound to see a world that's suffering. More than anything, you are acutely familiar with the chaos present in your own life. We're told from our Christian infancy that GOD's plan is never a mistake; there is no Plan B-not even man's exile from Eden. But if GOD is operating on Plan A, how should we pray when He leads us through hardship?

The way we relate to GOD in prayer is a good indicator of our relationship with Him. Do we come before Him only to beg for change in our current circumstance? Do we petition Him on behalf of friends or strangers? Do we ask to see His character more clearly? Do we listen?

Next to biblical giants like Abraham and Sarah, the Egyptian slave Hagar seems at best to hold the role of supporting actress. But the spotlight is all hers in Genesis 16. At a time when GOD was spoken of only in broad, majestic terms like *Elohim* (the Creator GOD) or *Shaddai* (the Almighty), Hagar responds to hearing the LORD by giving Him an intimately personal name that still defines our theology today; *Ei Roi* (the GOD Who Sees Me).

READ: Genesis 16

The scene is set with a common theme in the biblical narrative; Sarai (whom we will later know as Sarah) has thus far been incapable of giving her husband an heir. She's pushing 76, so according to the custom of her day, she makes her slave girl a surrogate. As if forced servitude weren't dehumanizing enough, the young maidservant is commanded to sleep with 86-year-old Abram. She conceives, but in a culture where motherhood is a woman's most prized career, Hagar knows she'll be stripped of this right as well. Either the pending release of her child to Sarai's waiting arms or growing pride in her ability to conceive drives Hagar to treat her barren mistress with scorn. And Sarai's discipline of Hagar's rebellion ultimately causes the servant to flee.

Feeling unseen, abused, and alone, Hagar runs away to a potentially more dangerous place; the wilderness. It's unclear how long the pregnant girl wanders there, but she is undoubtedly lost, hungry, and desperate to be seen by someone who will fight for her.

Then something life-changing happens. GOD calls her by name, confirming that she is indeed seen. In fact, He "found her," Genesis 16:7 says. He *pursued* her. During their dialogue-which is the heart of prayer-GOD calls her with a mission: to go back to the very thing she is running from. But He doesn't send her back empty-handed. Before the age of sonograms, the LORD tells her that she is pregnant with a son and her descendants will be innumerable. More than promising that she will not die in the desert, GOD promises Hagar that he will continue to see her, hear her prayer, and give her a role in a story that will someday encompass both Hebrews and Gentiles. Hagar can return to a less-than-ideal life with the confidence that she is not alone, the knowledge that she has been a key piece in a bigger plan, and a message for her community: The LORD is a personal GOD *who sees you*.

When we encounter suffering, our natural instinct is to retaliate or run. Sometimes escaping from a bad situation is GOD's plan. But often our limited human vantage point prevents us from grasping His eternal perspective. In those situations, laboring through dark and lonely places teaches us to see beyond ourselves and help advance GOD's kingdom in a broken world. Just like the time Hagar spent with the LORD, praying through our suffering equips us to know GOD's character more intimately, to put others before ourselves, and to find purpose in pain.

REFLECT ♦ EXPLORE

Reflect on these insights from supporting scriptures. If you have time, explore the passages and journal your responses.

- You are not invisible to GOD.
Read Psalm 33:13-15. *Is the fact that GOD sees you enough for you to find purpose in dark and lonely places?*

- “Blessed are the pure in heart, for they shall see GOD” (Matt. 5:8). *Have you sincerely prayed to see GOD’s vision for your life, even if it differs from your own?*
- Daniel’s prayer life was unwavering in the face of hardship. GOD saw him and delivered him from the mouth of lions.
Read Daniel 6:10-23. *Do you pray only in times of need, or is your communication with GOD daily and unswerving?*
- Hannah prayed passionately to the LORD, and He remembered her.
Read 1 Samuel 1:1-20. *Do you pour out your heart before GOD, believing that He is able to accomplish the seemingly impossible?*

RESPOND

Answer the following questions, journaling your thoughts if possible.

- Recall a time past or present when GOD asked you to labor through a difficult season. What did it teach you about His character?
- How has GOD used your time of discomfort to bring comfort to others?
- If you were to give GOD a personal name while praying, what would you call Him? Write a prayer using your intimate name for GOD.



Worship Times: 7:45 a.m. & 10:45 a.m.
 Sunday School: 9:45 a.m.
 Prayer Service: Wed, 7 p.m.
 Bible Study: Wed, 8 p.m.

The mission of Greater Little Zion Baptist Church is to lead everyone to a full life of development in Christ.

Luke 4:18-19.

Reaching the unsaved with the saving message of Jesus Christ.
 Matthew 28:19-20